



Youth and Families

Ann Arbor Baby Beginnings

Ann Arbor Baby Beginnings is dedicated to providing evidence-based education and support to new families. We offer childbirth education and newborn care classes in both group and private formats, as well as new moms groups and support for families in the pregnancy and postpartum period. Our goal is to help families work with their healthcare providers to make informed decisions about pregnancy, labor, and early parenting. All of our instructors are Lamaze Certified Childbirth Educators (LCCE) and our classes generally adhere to the Lamaze International philosophy of pregnancy, birth and parenting.

Phone: (734) 221-0158

Website: <http://www.annarborbabybeginnings.com/home-rover/>

Email: info@annarborbabybeginnings.com

Ann Arbor Birth & Family

Ann Arbor Birth & Family provides unparalleled birth and postpartum doula services, birth and early parenting education, and perinatal counseling to empower and instill confidence as you navigate pregnancy, birth, and adjustment to life with your new baby.

Address: 220 N. Fifth Ave, Ann Arbor, MI 48104

Phone: (734) 892-9055

Website: <https://www.annarborbirth.com/>

Ann Arbor Rec & Ed

Ann Arbor Rec & Ed offers classes, activities, camps, and sports for all ages.

We're proud to offer scholarships to members of the AAPS community who receive Free/Reduced Meals or meet specific HUD income guidelines and residency requirements. View the Fee Waiver/Fee Discount Program page for more information.

Address: 1515 S. 7th St., Ann Arbor, MI 48103

Phone: (734) 994-2300

Website: <https://www.a2schools.org/reced>

Fee Waiver/Fee Discount Program: <https://www.a2schools.org/recedscholarhips>



Ann Arbor YMCA

The Ann Arbor YMCA offers child care programs and after school programs for both children and teens.

Address: 400 W Washington St., Ann Arbor, MI 48103

Phone: (734) 996-9622

Website: <https://www.annarborymca.org>

Hours: Mon-Fri, 5:30am-10pm; Sat, 7am-7pm; Sun, 7am-7pm

Birthday Smiles for Kids

Professionals in social services contact us about boys and girls in need and give us the child's age and information that could help us select a great present.

We buy:

- Presents for the birthday child
- Small gifts for siblings
- Party decorations and plates
- A birthday cake and ice cream

We handcraft:

- A custom birthday Wish Candle

We deliver:

- All gifts to the professionals who referred the child or to families in a public place
- There is no charge for our service

Website: <https://www.birthdaysmilesforkids.org/request-a-birthday-smile>

Bridges4Kids

Bridges4Kids is a non-profit organization providing an internet-based system of information and referral for parents and professionals seeking help for children from birth through transition to adult life.

Website: <https://www.bridges4kids.org>



Catholic Social Services

Catholic Social Services offers free pregnancy and adoption counseling, family therapy, family and grandparent programs and many more.

Address: 4925 Packard St., Ann Arbor, MI 48108

Phone: (734) 971-9781

Website: <http://csswashtenaw.org>

Child Care Network

The Child Care Network offers family support scholarships for families who need help finding child care, a lending library that houses books and CD's for parents and children, and many other resources.

Address: 3941 Research Park Dr., Suite C, Ann Arbor, MI 48108

Phone: (734) 975-1840

Website: <http://www.childcarenetwork.org>

Children's Literacy Network

The Children's Literacy Program offers several reading programs to children in Washtenaw County and provides free books to families.

Address: 1100 N Main St., Suite 207, Ann Arbor, MI 48104

Phone: (734) 645-1320

Website: <http://www.childrensliteracynetwork.org>

Department of Health & Human Services- Washtenaw County

DHS provides cash and food assistance, child support, child care, and emergency services focused on families and children.

Address: 22 Center St., Ypsilanti, MI 48198

Phone: (734) 481-2000

Website: <https://www.washtenaw.org/1542/Health-Human-Services>



Ele's Place

Ele's Place is a healing center for grieving children and teens. Each week, peer support group programs help hundreds of children and teens learn how to cope and begin to heal after the death of a parent, sibling or other loved one.

Address: 5665 Hines Drive, Ann Arbor, MI 48108

Phone: (734) 929-6640

Website: <http://www.elesplace.org>

First Steps- Ann Arbor

First Steps provides information, support, and encouragement parents need to help their children develop optimally during the crucial early years of life. Open to families with children from birth-kindergarten entry. You may apply through Rec & Ed for a 50% or 100% scholarship for a class with First Steps.

Address: 2775 Boardwalk Dr., Ann Arbor, MI 48104

Phone: (734) 994-2300 x53186

Website: <http://hyde140.wixsite.com/first-steps-annarbor>

Foundations Preschool

Foundations Preschool prepares children from low-income households for future academic and social success while providing their parents opportunities for professional, personal, and parental growth. Foundations Preschool offers the highest quality education and care on an affordable sliding scale.

Address: 3770 Packard St., Ann Arbor, MI 48108

Phone: (734) 677-8130

Website: <http://wwwFOUNDATIONS-preschool.org>

Hours: Mon-Fri, 7am-6pm (year-round)

Grandparents As Parents (GAP)

The Grandparents as Parents program supports grandparents and other relatives in better understanding the needs of their grandchildren and accessing community resources. This program is a part of Catholic Social Services.

Address: 4925 Packard Rd., Ann Arbor, MI 48108

Phone: (734) 971-9781 ext 655

Website: <https://csswashtenaw.org/parenting-families/grandparents-as-parents>



Great Start to Quality

This website helps families find the best early learning settings for their children.

Phone: (877) 614-7328

Website: <https://www.greatstarttoquality.org>

Hope Clinic

Hope Clinic provides emergency diapers, wipes, baby food, and formula as available.

Walk-in: Wednesdays 5:30-7:30pm and Thursdays 2-4pm, no appointment necessary.

Address: 518 Harriet St., Ypsilanti, MI, 48197

Phone: (734) 484-2989

Website: <http://www.thehopeclinic.org>

<https://thehopeclinic.org/social-work>

Hope Family Services

Hope Family Services of Southeastern Michigan is dedicated to providing evidence based education services that advocate for the healing of families and individuals by strengthening and enhancing parenting, communication, stress reduction, resource connection, support systems, and anger management skills. There are classes available for both teens and adults.

Address: 2566 Arrowwood Trail, Ann Arbor, MI 48105

Phone: (734) 775-2476

Website: <http://hopefamilyservicesmi.org>

Judson Center

Judson Center provides expert, comprehensive services that strengthen children, adults and families impacted by abuse and neglect, autism, developmental disabilities, and mental health challenges so they are successful in their communities.

Address 1: 3840 Packard Rd., Suite 170, Ann Arbor, MI 48108

Address 2: 3917 Research Park Drive, Suite B-1A, Ann Arbor, MI 48108

Phone: (734) 528-1692 or (734) 794-2930

Website: <http://judsoncenter.org>



La Leche League- Ann Arbor

La Leche League- Ann Arbor provides support, encouragement, information, and education to women who want to breastfeed.

Phone: (442) 229-0327

Website: <https://lllaa.weebly.com/>

Lifespan Doulas

Formerly The Center for the Childbearing Year, Lifespan Doulas trains doulas and provides a directory for registered doulas in Michigan.

Address: 722 Brooks St., Ann Arbor, MI 48103

Phone: (734) 663-1523

Website: <https://lifespandoulas.com/find-a-doula/>

MI Bridges

The MI Bridges website lets individuals apply for the Child Development and Care (CDC) program, which helps pay for childcare costs. The website allows you to apply for different benefits, manage your case and explore resources.

Website: <https://newmibridges.michigan.gov>

Maternal Infant Health Program

The Maternal Infant Health Program provides home visitation support and care coordination for pregnant women and infants on Medicaid. To find a MIHP provider, click on the MIHP Coordinator Directory.

Phone: (734) 544-2984 or (734) 544-9749 or ask your doctor for a referral

Website: <https://www.washtenaw.org/1828/Maternal-Infant-Health-Program-MIHP>
<http://www.michigan.gov/mihp>

Mott Buckle Up Program

The Buckle Up Program provides car seat safety education, low-cost car seats to families with proof of low income, and car seat fitting stations throughout Washtenaw and Livingston Counties.

Phone: (734) 763-2251

Website: <https://www.mottchildren.org/about-us/mott-buckle>



Mott Support Services

From our team of specialists trained to help your child cope with difficult medical procedures to spiritual guidance in time of need, we're here to support you each and every step of the way.

In this section you'll find information about Mott support groups and programs available to you and your child. You'll also find information about resource centers, interpreter services, child activities and in-hospital schooling.

- Child and Family Life
- Family Center
- Grief Assistance
- Interpreter Services
- Massage Classes
- Nutrition
- Palliative Care
- Patient and Family Centered Care
- Psychologists
- Schooling
- Social Work
- Spiritual Care
- Support Groups and Programs
- Therapaws

Website: <https://www.mottchildren.org/mott-support-services>

National Organization on Fetal Alcohol Syndrome

This website provides information about the risk of prenatal exposure to alcohol, drugs, and other substances known to harm fetal development.

Website: <https://www.nofas.org/factsheets/>



Ozone House

Ozone House offers crisis intervention for youth; an emergency shelter (SafeStay) for homeless youth or youth needing to get away from a conflict at home, job-training; and school support for homeless and high-risk youth. They also have a drop-in center for youth 13-20 where they can eat a hot meal, use the shower or laundry, hang out in a safe place, and get help.

Address: 1705 Washtenaw Ave., Ann Arbor, MI 48104

Phone: (734) 662-2265

Crisis Line: (734) 662-2222

Drop-in Center address: 102 N. Hamilton, Ypsilanti, MI 48197

Phone: (734) 485-2222

Hours: Mon and Tue 4pm-6pm, Wed 4pm-6pm (PrideZone 6pm-8pm)
Thurs 4pm-8pm, Fri 4pm-6pm

Website: <http://ozonehouse.org>

Regional Alliance for Healthy Schools

The Regional Alliance for Healthy Schools (RAHS) provides school-based programs and clinical services that improve the well-being of students, their families, and their communities. In addition to direct physical and mental health services, RAHS offers three comprehensive health intervention programs targeting substance use and abuse, childhood obesity, and asthma, as well as after school programs that offer mentoring and youth leadership opportunities.

Address: 2025 Traverwood Drive, Suite A6, Ann Arbor, MI 48105

Phone: (734) 998-2163

Website: <https://umhs-rahs.org/>

Regional Alliance for Healthy Schools (RAHS) School-Based Health Centers:**Lincoln High School**

7425 Willis Road, Room 304, Ypsilanti, MI 48197
(734) 714-9600

Lincoln Middle School

8744 Whittaker Road, Room 812, Ypsilanti MI 48197
(734) 714-9509

Pathway to Success Academic Campus

2800 Stone School Road, Room 112, Ann Arbor, MI 48104
(734) 973-9167

Scarlett Middle/Mitchell Elementary School

3300 Lorraine Room 204, Ann Arbor, MI 48108
(734) 677-2708

Ypsilanti Community High School

2095 Packard Road, Room 403, Ypsilanti, MI 48197
(734) 221-1007

Ypsilanti Community Middle School

510 Emerick St., Ypsilanti, MI 48198



(734) 221-2271



The Breastfeeding Center of Ann Arbor

The Breastfeeding Center of Ann Arbor provides accurate breastfeeding information and emotional support for mothers.

Address: 722 Brooks St., Ann Arbor, MI 48103

Phone: (734) 975-6534

Website: <http://bfcaa.com>

The Education Project

The Education Project is a joint project of the Washtenaw Intermediate School District and Ozone House that works to ensure students experiencing homelessness and temporary living situations enroll, regularly attend, and succeed in school.

Address: 1819 S. Wagner Rd., Ann Arbor, MI 48103

Phone: (734) 994-8100 x1518

Website: <http://www.washtenawisd.org/services/k-12-student-services>

Washtenaw Area Council for Children

Washtenaw Area Council for Children offers educational services and programs for children, teens, parents, community members, and youth-serving professionals.

Address: 3075 W Clark Rd. #110, Ypsilanti, MI 48197

Phone: (734) 434-4215

Website: <https://www.washtenawchildren.org>

Email: info@washtenawchildren.org

Washtenaw Success by 6

Washtenaw Success by 6 provides resources to parents to help every child be prepared to enter school. The website has a Parent Resource Directory with topics such as Child Care & Preschool and Community Activities for Children.

Address: 1819 S Wagner Rd., Ann Arbor, MI 48103

Phone: (734) 994-8100

Website: <http://washtenawsuccessby6.org>